

Plumbers Local Union No. 1 FUND OFFICE

Home of your Employee Benefits

# MARCH EDUCATION MEETING

## Plumbers Local Union No. 1 Headquarters - 50-02 Fifth Street, Long Island City

Join us as representatives from CVS Caremark and the Fund Office conduct Benefits education sessions Join us as representatives from CVS Caremark<sup>®</sup> provide information on your path to better health.

Two sessions will be provided to walk you through the resources available to you in managing your benefits at Caremark.com. We will share how to access important features offered through the web and mobile app that will assist you in using these tools to maximize your Pharmacy Benefits. Additionally, you will meet with our local MinuteClinic<sup>®</sup> nurse practitioner who will help you understand the types of conditions treated at the MinuteClinics and where these facilities are located.

## Learn more about Your Benefits

Are you aware of the option to digitally connect and manage your Pharmacy Benefit through Caremark.com and/or mobile app?

Did you also know, you can get treated for acute conditions by just walking into your local MinuteClinic? No appointment is needed and there is **NO COST** to you **(\$0.00 copay)!** Both of these benefits will allow you to save time and money as it relates to your health

Visit our new website @ www.ualocal1 funds.org

### March 21, 2018

- o CVS Caremark
  - Session 1: 3:50 p.m. to 4:10 p.m.
  - Session 2: 4:20 p.m. to 4:40 p.m.

**REMEMBER** to download the mobile app for free on iPhone and/or Android at the Apple store and/or Google Play. Search for: CVS Caremark, download and sign in for the best experience during this session.

**Save the Date!** For more information you can visit <u>www.ualocal1funds.org</u> and click on the 2018 Monthly Workshop link or call the Fund Office at (718) 835-2700, Welfare Department. Refreshments and Giveaways will be provided!

Michael Apuzzo, Co-Chairman – Labor 106-45000A 022618

#### NON-DISCRIMINATION NOTICE

The Plumbers Local Union No. 1 Welfare Fund complies with the applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The Fund does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. Medical Benefits provided under this Plan are afforded without regard to an individual's sex assigned at birth, gender identity, or gender.

When necessary, the Fund will provide free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). The Fund also provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages upon request. If you need these services, contact the Fund Administrator, Walter Saraceni.

If you believe that the Fund has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Walter Saraceni, Section 1557 Coordinator, Plumbers Local Union No. 1 Welfare Fund, 50-02 Fifth Street, 2nd Floor, Long Island City, NY 11101, (718) 835-2700 (telephone), (718) 641–8155 (fax), <u>info@ualocal1funds.org</u>. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Walter Saraceni, the Civil Rights Coordinator, is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-868-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-718-835-2700.

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-718-835-2700.

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-718–835-2700 (ATS : 1-XXX-XXXX).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-718-835-2700 번으로 전화해 주십시오.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-718-835-2700.

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-718-835-2700.

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-718–835-2700.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-718-835-2700.

يملحوظة :إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان .اتصل برقم 1 ... PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-718–835-2700.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-718–835-2700.

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-xxx-xxxx (TTY:

1-xxx-xxx-xxxx) पर कॉल करें।

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-718-835-2700.

লায়্য করনঃ যিদ আপিন বাংলা, কথা বলেত পােরেন, তাহেল িনঃথরচায় ভাষা সহায়তা পিরেষবা উপলা্র আেছ। েফান করন ১-718–835-2700.

1 אויפמערקזאם פריי פון אפצאל רופט. אידיש זענען פארהאן פאר אייך אייך שפראך הילף סערוויסעס פריי פון אפצאל. דאויפמערקזאם אויב איר רעדט אידיש, זענען פארהאן 1805-2700.